



## BREAKFAST BEVERAGES

Mimosa \$8

Bloody Mary \$8.5

Espresso \$3

Cappuccino \$4.5



  
**Normandie**  
SEASIDE CAFE AT WEST WIND INN



*Good Morning  
and  
Welcome*

**Toast** \$2.5  
*Sour Dough, Multigrain, Seeded Rye,  
Cinnamon-raisin*

**4 oz. Blueberry Muffin** \$3.5

**English Muffin** \$2.5

**Buttermilk Biscuits** \$2.5

**Croissant** \$3.5

**Plain or Everything Bagel** \$3.5  
*(with Cream Cheese)*

**Bacon** (3 Slices) \$3.95

**Sausage** (3 Links) \$3.95

**Canadian Bacon** (3 Slices) \$3.95

**Ham Steak** (4 ounces) \$4

**Home Fries** (with Onions) \$2.5

**Grits** \$2.5

**Sliced Tomato** (grilled or chilled) \$2.25

**Greek Nonfat Yogurt** \$3  
5.3 ounces—vanilla or blueberry

**Sautéed Plantains** \$3  
*Sweet ripe plantains, sliced and served warm.*



**Granola** \$5.5  
*A bowl of this nutty, crunchy, healthy cereal  
served with milk on the side*

**Oatmeal** \$4.5  
*A bowl of oatmeal served with brown sugar,  
raisins & milk on the side*  
Add Banana \$1

**Buttermilk Pancakes** (3) \$8.75

Add Pecans \$1 Add Banana \$1

Add Chocolate Chips \$1 Add Granola \$1

**French Toast** \$8.75

*Made with French Bread, Sour Dough, Multigrain  
or Cinnamon Raisin Bread*

**Coconut French Toast** \$9.75

*French bread sliced, battered, coated with  
coconut and toasted almonds and grilled.*

**Bananaberry French Toast** \$9.75

*French bread sliced, battered, grilled and  
topped with strawberry-banana cream  
cheese and fresh bananas, strawberries and  
powdered sugar.*

**Coffee** (Yuban Columbian) \$2

**Espresso** \$3 **Double** \$4.5

**Cappuccino** \$4.5

**Hot Tea** (we serve artisan whole leaf teas) \$2  
*Breakfast, Earl Grey, Orange Dulce, Bombay  
Chai, Tropical Green & African Herbal*

**Hot Chocolate** \$3

*Topped with whipped cream.*

**Whole or Fat Free Milk** (12 ounces) \$2.5

**Chocolate Milk** (12 ounces) \$3.25

**Fruit Juices**

8 ounce \$2.25 12 ounce \$3.25

*Pineapple, Apple, Cranberry & V8*

**Florida Fruit Bowl** \$8.5

*Combination of freshly cut cantaloupe, honeydew,  
watermelon, mango, pineapple, kiwi, strawberry and  
grapes. Served with a croissant or toast.*

**Florida Fruit**

**Cup** \$5

*8 ounce cup of  
fresh fruit.*

**Two Eggs with Toast** \$6

**One Egg with Toast** \$5

**Add—Bacon, Sausage, Ham Steak or Canadian Bacon** \$3.95

*Above served with choice of sour dough, multigrain, seeded rye, cinnamon-raisin toast,  
English muffin or buttermilk biscuits.*

*Eggs are cooked to your liking – fried, basted, scrambled, poached, boiled, whites only  
or add 50¢ for egg beaters.*

**Greek Omelet** \$10.5

*Two egg omelet filled with fresh  
spinach, roasted sweet red pepper  
and feta cheese. Topped with  
thinly sliced red onion.*

**Italian Omelet** \$10.75

*Two egg omelet filled with smoky  
Andouille sausage, peppers,  
onions, mozzarella, provolone &  
parmesan cheeses.*

**Lighthouse Omelet** \$10.5

(A Breakfast Beacon)

*Two egg omelet filled with  
portabella mushrooms, fresh  
spinach and Swiss cheese.*

**Fiesta Omelet** \$9.75

*Two egg omelet filled with onion,  
roasted red pepper, mushroom,  
spicy salsa and cheddar cheese.*

**Pesto Omelet** \$9.5

*Two egg omelet filled with basil  
pesto, ham, tomato & parmesan  
cheese.*

**Veggie Omelet** \$9

*Two egg omelet filled with  
sautéed zucchini, yellow squash  
and onion, roasted pepper and  
feta cheese.*

*All omelets are served with your  
choice of: sour dough, multigrain,  
seeded rye, cinnamon-raisin  
toast, English muffin or  
buttermilk biscuits.*

**Eggs Benedict** \$10.75

*Two poached eggs served on a toasted English muffin,  
topped with Canadian bacon and classic Hollandaise sauce.*

**Eggs Florentine** \$10.5

*An open face toasted English muffin topped with sautéed  
spinach, grilled tomato, poached eggs and Hollandaise  
sauce.*

**Garden Scrambler** \$10.5

*Two eggs scrambled with mushrooms, onions, roasted red  
peppers, spinach, tomatoes, Swiss and cheddar cheese.  
Served with your choice of toast.*

**Bacon & Egg Wrap** \$10

*Eggs scrambled with red pepper, onion, bacon and cheddar  
cheese wrapped in a flour tortilla with salsa on the side.*

**Breakfast Croissant** \$10

*Two scrambled eggs, shaved ham and melted havarti  
cheese served as a croissant sandwich.*

**“B.B.T.”** \$9.5

(Breakfast Between Toast)

*A fried egg sandwich with bacon and melted American  
cheese on your choice of toast.*

**BLT** \$8.5

*The classic applewood smoked bacon, lettuce & fresh  
tomato sandwich on your choice of toast with mayonnaise.  
... with fresh sliced avocado \$10*

**Beefy Breakfast** (Steak & Eggs) \$13

*4 oz. top sirloin steak grilled to order and served with two  
eggs and your choice of toast or biscuits.*

*Above breakfasts are served with home fries, grits or  
sautéed plantains on the side.*